

Title: Practical Assessment of the Chiropractic Patient: A Thorough Orthopedic and Neurological Examination in Less Than 10 Minutes

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Hurray for Dr. Miller for writing an understandable and reasonably priced text dealing with the chiropractic physical examination! Dr. Miller does a great job with this chiropractic textbook in making it applicable to the daily art of practicing chiropractic. This is a reference for practicing doctors by a practicing doctor. Instead of a laborious textbook of test after test, this book is a very refreshing approach for a crisp, yet thorough, physical examination of the patients we see and treat on a daily basis. It should really be considered a reference instead of a textbook because you will want to revisit the information he shares frequently.

This soft cover is reasonably priced and contains a wealth of information in just 90 pages. I appreciated the author saving my time and cutting to the chase. The text relies on ample images to assist in demonstrating the examination processes in a clear manner. Dr. Miller also did a great job with the layout of the book. He uses ten tables to assist the reader in interpreting test procedures and includes condensed notes along the side of the readings. The best table is a flowchart that describes the ten-minute examination. This chart identifies the critical elements of the examination and the ancillary tests and observable findings that also need to be documented. He in addition uses some good Kentucky humor to lighten the reading.

The core of the text is Dr. Miller's ten-minute examination. While I believe he can perform the 70 examinations in ten minutes or less, I will need a double espresso to achieve that time, until I can practice the procedures more! With practice this format allows for the overlapping of procedures to produce multiple test findings in the shortest period of time. The addition of the supplementary procedures to the examination process moves the total up to 90 tests. Now that is a thorough examination! Thank goodness he includes a four-page check off form that follows the ten-minute examination.

Busy clinicians will also appreciate the office forms he includes. The best forms deal with obtaining a history in the problem focused patient and a different form for the new patient. The forms are made to be removed and copied for your own use. That is really the only downside to this format of examination and using forms. I think they tend to make us think inside the box, but that is a personal opinion.

One of the most helpful sections of the text deals with evaluation and management coding. Finally, here is a source that clearly defines what procedures need to be performed to meet the guidelines for using the advanced E/M CPT billing code schedules! He uses a bullet-defined list to assist you in

selecting and achieving the correct billing codes. Clarification of this issue alone will allow you to recover the modest cost of this textbook the first day you receive it. If you do not really understand the billing codes, you really need to read this section.

If you are looking for a more effective and complete physical examination for the patients you provide care for, you need this book. The text is a great value it costs \$40 and it can be ordered through Dynamic Chiropractic's bookstore by calling 714.230.3175 or you can send an email to [OrderDesk@MPAMedia.com](mailto:OrderDesk@MPAMedia.com). You should get this text, you will be very glad you did!

Dr. Bill Moreau